

Ms. Robin Swift, M.Ed. is a Registered Psychologist with the College of Psychologist of British Columbia, a Registered Psychologist with the College of Alberta Psychologist in the province of Alberta and a registered member of the Canadian Psychological Association.

Ms. Swift completed a Bachelor of Arts Degree with Honors in Psychology at Mount Allison University, in Sackville, New Brunswick. She furthered her training by completing a Masters of Education in the Educational Psychology from Dalhousie University in Halifax, Nova Scotia. She concluded her university studies by completing a second Masters of Science in the Faculty of Applied Psychology with a specialization in Community Rehabilitation at the University of Calgary, in Calgary, Alberta where she specialized in counseling in the area of disability and diversity.

Prior to joining Summit Psychology Group Ms. Swift worked as a private practitioner in Calgary and High River Alberta under her company Lodestar Psychological Services, Inc. for approximately 5 years. Although, from time to time, Ms. Swift hired consultants to assist her in her work she was the principal psychologist of her practice.

As a private practitioner, Ms. Swift provided clinical (diagnostic) assessment and counselling services for both children and adults. Ms. Swift has experience in providing psycho-educational assessments for school placement/intervention purposes as well as cognitive and mental health assessments for various diagnostic and treatment purposes. Her main area of expertise is providing services to individuals with disabilities, particularly individuals with Pervasive Developmental Disorders and Autism Spectrum Disorders. Her main area of interest is the diagnosis and treatment of Anxiety Disorders and Depression and working with youth and young adults with dual diagnoses (i.e., developmental disorder and another mental health condition).

Ms. Swift has training and proficiency in a number of treatment modalities including play therapy, cognitive therapy, solution-focused therapy, cognitive-behavioral therapy, client-centered therapy, applied behavioural analysis, proactive approaches and cultural diversity and inclusive practices.

Over the years, Ms. Swift has worked with individuals of all ages with a broad spectrum of mental health concerns including, but not exclusive to, anxiety disorders, mood disorders, asperger's disorder, adjustment disorders, life transition and identity issues, and dual diagnoses.

In addition to owning her own practice, Ms. Swift is a seasoned professional having worked in the mental health field for 16 years and for nine of those years as a Registered Psychologist. Ms. Swift's career as a counsellor/consultant began in 1997 with the Community Inclusion Support Team at the University of Calgary. Ms. Swift's responsibilities included providing psychological and community-based interventions to individuals and families where a person is affected by a combination of cognitive, behavioural and/or

emotional disorders. She has since worked as an employee or private consultant in a variety of settings including schools, community agencies, and hospital. She has worked in both rural and urban centers, which has afforded her the opportunity to familiarize herself with the unique needs of the various communities.